



Mental Conditioning & Physical Training

TOTAL PACKAGE LIFESTYLE, LLC
SPEAKING ENGAGEMENT REQUEST

Please complete the following form and mail to Total Package Lifestyle, 18530 Mack Avenue, Ste 513, Grosse Pointe Farms, MI 48236 (or fax to 586-203-9013). (http://www.raphaelbjohnson.com) . Requests should be submitted to Total Package Lifestyle at least 3 weeks prior to speaking date.

Organization _____ Contact Person: _____

Work Tel: _____ Home Tel: _____ Cell Phone: _____

Address: _____

Backup/Emergency Contact: _____

Work Tel: _____ Home Tel: _____ Cell Phone: _____

Address: _____

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Date of presentation: _____ Time of presentation: _____

Size of group: _____ Purpose of organization: _____

Purpose of presentation (awareness; address special problems; national, state or local concerns): _____

Issues to be covered: _____

Equipment available: Podium TV/VCR/DVD Sound system Multimedia projector for laptop

Travel distance: _____ Please post or email directions (RaphaelBJohnson@yahoo.com)

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Total Package Lifestyle, LLC is able to provide dynamic presentations which entail conflict resolution, violence prevention in the schools and workplace, how to recognize and reconstruct cognitive distortions, interpersonal difficulties, five P's of complete success, familial dynamics, slave-no-more to substances, graduations, etc. We hope you will be interested to learn how you can effectuate change in our respective lives.

For the above services, or any customized presentation/workshop, organizations are asked to compensate Total Package Lifestyle, LLC for the presenters' time, experience and expertise.

Payment Information:

- Keynote Fees: \$750 - \$1350 for nonprofits and; \$1400 - \$3500 for profits. *
• All Workshops (5-days or 5-hours): \$1,500 - \$2,000
• Travel expenses are charged for trips over 50 miles or if overnight stay is required.

Speaking dates and times are not confirmed until requesting organization receives a signed appearance agreement.

* We will consider requests for fee reduction based on organization capability of payment and commonality of mission.